

Marysville Indoor Scavenger Hunt

The idea is to spell out the word Marysville by asking your kids race to find an item starting with M, then A, then R, etc. Each time they bring back an item, you will instruct them to do an exercise. This game can be played multiple times with any word you choose. You can continue to challenge your kids to beat their previous times or even switch it up and have them time you. 😊

Materials needed:

Whatever items your kids can find.

Timer

Instructions:

Ask your child to go find any item that starts with M. Start the timer and say go to get them movin'. When they return, have them do 10 jumping jacks.



Next letter is A. When they return, have them do 10 squats.



Next letter is R. When they return, have them run in place for 10 seconds.



Continue this with the rest of the letters needed to spell out Marysville and give them their time.

Y- 10 lunges

S- 10 star jumps

V- 10 sit-ups

I – 10 crab walks

L- 10 frog jumps

L- 10 push-ups

E- 10 one-legged hops (10 a side)