

Veggie Insects

Materials Needed:

Vegetables you'd like to use- celery, cherry tomatoes, bell peppers, cucumber, zucchini, etc.

Spread- cream cheese, hummus, peanut butter

Snack items- raisins, cashews, etc.

Cutting board

Knife

Instructions:

1. Gather the items you will need to make your veggie insects.



2. Prepare your vegetables and apply the cream cheese or your choice of spread.



3. Add your vegetables and snack items to make your own yummy creations.



4. Enjoy!